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BELIEVE

As surprising as it may seem, most Christians do not really believe God loves them.

They think they do. They mentally assent to it. In church, when the pastor preaches that "God is love" (1 John 4:8), they're quick to say, "Amen!" But when they're out there in the world dealing with the storms of life, they're not so confident. They're not absolutely sure that in every situation, God who "so loved the world, that he gave his only begotten Son" (John 3:16), will show that same kind of love, personally, toward them.

Even most Holy Spirit-baptized, tonguetalking, WORD-confessing Christians have this problem. That's why a lot of times their faith doesn't work like it should. They're trying to believe God's WORD without fully believing He loves them.

As a result, when the devil puts a little pressure on them, their faith begins to falter. They give in to fear, and start talking doubt and unbelief.

It's like what happened to the disciples in Mark 4. When they hit the storm on the Sea of Galilee, they got scared and lost their faith. They saw the storm raging and water filling the boat, and decided things didn't look good for them. They weren't even comforted by the fact that Jesus was right there with them, sleeping in the back of the boat. In a panic, they awakened Him and said, "Master, carest thou not that we perish?" (verse 38).

Just imagine them saying something like that to Jesus! Imagine them looking into the eyes of the Son of Love Himself and saying to the One who loved them so much He left heaven and came to earth to pour out every last drop of His life's blood to purchase their redemption, "Don't You care about us? Don't You care that we're dying here?"

Talk about gall! That's about the worst

insult the disciples could have come up with.

They didn't realize it, of course. They were talking out of ignorance because they didn't yet know who Jesus was.

We, as believers today, don't have that excuse. We do know who Jesus is, and yet we say the same thing!

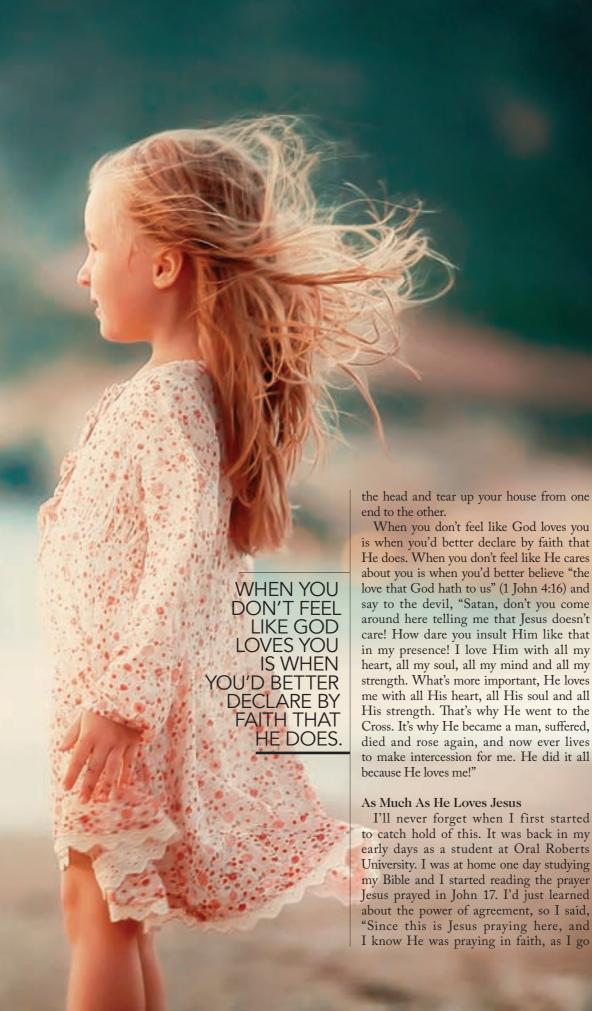
Every one of us has done it at one time or another. Despite everything we know about the price Jesus paid for us, despite all the suffering He went through for our sake and all the BLESSINGS God has given us through Him, we've all said things like, "I just don't know why God hasn't healed me of this sickness. I don't understand why He hasn't provided the finances I need. I'm really hurting here. Sometimes I feel like He doesn't even care!"

Do you know what you'd better do when you feel like that?

You'd better shut your big mouth!

Words like that will just get you deeper and deeper into trouble. They'll swing the door wide open for the devil to knock you in

THE LOVE



POINTS TO GET YOU THERE:



The Apostle John was a powerful example of a world overcomer. He outlived all the other disciples and survived the devil's every attempt to kill him, all because of his faith in God's love. Here are some points to get you there:

1

God doesn't just have love, He is love.

9

God loves you just as much as He loves Jesus.

3

Even when you don't feel like God loves you, you can choose to believe it.

4

You can receive
His love the same
way you received
salvation, by
confessing with
your mouth and
believing in
your heart.
Romans 10:9

5

Operate by faith in God's love by saying over and over, "God loves me!" Mark 11:22-23 through this I'm just going to agree with everything He said."

I figured that would be relatively simple. (After all, how hard can it be to agree with Jesus?) Then I got to the 23rd verse. There Jesus prayed for all of us, as believers, "that they may be made perfect in one; and that the world may know that thou hast sent me, and hast loved them, as thou hast loved me."

I choked when I read that! I thought, What? You mean to tell me that God loves me just as much as He does Jesus? I'd never heard anything like that in my life. Reading it again, I said out loud, "If this was not written in red, I couldn't believe it!"

I didn't know anything back then about being a new creature in Christ. As a kid, growing up in church, I'd always heard that I was just an old sinner saved by grace. I couldn't think of one reason why God would love me like He loves Jesus. It didn't make any sense.

Even so, I decided that if the Son of the living God said it was true, I couldn't stand there and say it wasn't. I'd have to agree with what He said because He's my LORD and Savior. I was literally shaking all over with fear over what I was about to say, but with my Bible opened right in front of me I forged ahead. "Well, here goes," I said. "I want to thank You, Father, that You love me just as much as You love Jesus."

Instantly, I sensed my spirit rising up within me. So, I said it again. "God loves me just as much as He loves Jesus!" Although I was still trembling, those words thrilled me so on the inside, I walked around that little room repeating them over and over. "God loves Kenneth! God loves Kenneth! God loves me—stupid, ignorant, dumbdumb me!"

I found out later that, as a bornagain believer, I'm not stupid. I have the mind of Christ. But even without that information, the truth about God's love had gotten through to me. I was so excited about it I ran out of the room to tell Gloria.

"Look at this!" I said, showing her my opened Bible. "God loves us as much as He loves Jesus!"

Fifty years later, I'm still talking about that revelation—and if you're a born-again child of God, you need to be talking about it too. You need to be looking in your Bible at John 17:23 and putting your eyes on what Jesus said there. You need to be saying it...and saying it...and saying it...and saying it...not because you feel one way or another, but because you choose to believe it.

"Well, I'd like to do that, Brother Copeland, but it wouldn't work for me. I need to feel God's love to receive it."

No, you don't. Although feelings are fine, and if you'll walk by faith they'll eventually come, you can receive God's love the same way you received the new birth. You can do it like Romans 10:9 says, by confessing with your mouth and believing in your heart. You don't need some special feeling to do that. You just need to know what The WORD of God says.

I remember when The LORD taught me this where healing is concerned. It was back before I went to ORU. I'd been suffering with all the symptoms of the flu and I was aching all over. It felt like even my hair hurt! I'd driven Gloria to the cleaners to drop off some clothes, and while she went in, I sat in the car thinking, I'm going to have to let her drive home. I'm so sick I don't believe I can drive.

My Bible was on the seat next to me, and I had opened it to 1 Peter 2:24. Picking it up, just by the leading of the Holy Spirit, I read the verse out loud: "Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed."

I certainly didn't feel healed at that moment. I felt as sick as could be. But as an act of my will I said, "I choose to believe this." Then I read the verse again. "I choose to believe this," I said. "By Jesus' stripes I am healed."

When Gloria got back into the car, I showed the verse to her. "By Jesus' stripes I am healed," I said. "I choose to believe that."

She said, "OK," and I drove us home. By the time we got there, I was feeling pretty good. I believe I can eat some supper, I thought. I still wasn't feeling 100 percent, so after supper I went on to bed. When I woke up the next morning, every symptom was gone.

What happened in that situation? I chose to believe what God said whether I felt like it or not. That's the foundation all faith rests upon. Although I knew very little about faith at that time, without realizing what I was doing, I took my stand on that foundation. I believed God's WORD in my heart and said it with my mouth and it manifested in my body.

Have Faith in Love Himself

If you want to see an example of how powerful it can be to operate this way where God's love is concerned, study the life and writings of John. He was big on believing in his heart and confessing with his mouth that Jesus loved him. He did it so much he got to the point where he actually identified himself in Scripture as the disciple whom Jesus loved.

He referred to himself that way, for example, in John 13 in his account of the last Passover meal Jesus had with His disciples. In the last part of the chapter, where Jesus said one of them would betray him, John said:

Then the disciples looked one on another, doubting of whom he spake. Now there was leaning on Jesus' bosom one of his disciples, whom Jesus loved. Simon Peter therefore beckoned to him, that he should ask who it should be of whom he spake. He then lying on Jesus' breast saith unto him, Lord, who is it? Jesus answered, He it is, to whom I shall give a sop, when I have dipped it. And when he had dipped the sop, he gave it to Judas Iscariot, the son of Simon (verses 22-26).

Can't you just picture that scene? There's John, who so firmly believed that Jesus loved him, he got right up there next to Him, just as close as he could get. Then there's Peter, who wants to know who the betrayer is but, because he's too afraid of Jesus to ask Him about it directly, goes to John instead.

"You ask Him!" Peter said. "He'll tell

you who it is. You're His favorite."

I'm not suggesting, of course, that Jesus really does have favorites. But I do think that's how John saw himself. He had a very real sense of how favored he was because he believed in his heart and confessed with his mouth time and again, "I'm the one Jesus loves!"

To some people it might have sounded like John was bragging. But that's not why he said those things. He said them because he was there when Jesus preached Mark 11:22-23. He heard Jesus say: "Have faith in God. For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith."

John knew that God is Love, so he realized that Jesus was essentially saying in those verses, "Have faith in the God who is Love. Have faith in Love Himself." So that's what John did. He "believed the love that God hath to us." He had faith that "God is love; and he that dwelleth in love dwelleth in God, and God in him" (1 John 4:16), and he spoke accordingly.

What effect did this have on his life? It turned him into such a world overcomer that the devil himself couldn't find any way to defeat him!

John was the only one who didn't run out on Jesus when He went to the cross.

He outlived all the other disciples.

His enemies tried more than once to kill him, but they always failed.

History even records that in one instance, John's persecutors boiled him in oil. That wasn't just a figure of speech back in John's day. Back then, they'd literally put someone in a boiling caldron. After a while they'd reach in there with a grappling hook, pull out the person's body, and the flesh would just fall off the bones.

In John's case, however, that's not what happened. When they pulled him up with that hook, he came out whole.

I'm telling you, God can do glorious things for you when you believe that He is Love! He can do miracles in your life when you truly believe He loves you!

So, press in to that revelation. Renew your mind to it. Fill your heart and your mouth with what The WORD of God says about it, and refer to yourself like John did. Declare every day: "I'm the one Jesus loves!"

I CHOSE TO BELIEVE WHAT GOD SAID WHETHER IFELT LIKE IT OR NOT.

THAT'S THE FOUNDATION ALLEAITH RESTSTPON





Immediately, Garland knew what the words meant: God had given him an assignment to travel to the four corners of the nation and pray for America. Stopping at each designated place, he was to stake the land, pray and declare, "This land belongs to Jesus!"

Garland had taken the plan to John Benefiel, an Oklahoma pastor who, along with two other key leaders, had founded the Heartland Apostolic

N 4 A D READ THROUGH

M	<u>4F</u>	READ THR THE BIBLE	OUGH
		Old	New
		Testament	Testament
Thu	1	Num. 4	Mark 16
Fri	2	Num. 5-6	Luke 1
Sat	3	Num. 7	
Sun	4	Ps. 28-31; Prov. 6:1-19	
Mon	5	Num. 8-10	Luke 2
Tue	6	Num. 11-13	Luke 3
Wed	7	Num. 14-15	Luke 4
Thu	8	Num. 16-17	Luke 5
Fri	9	Num. 18-20	Luke 6
Sat	10	Num. 21-22	
Sun	11	Ps. 32-34; Prov. 6:20-7:5	
Mon	12	Num. 23	Luke 7
Tue	13	Num. 24-25	Luke 8
Wed	14	Num. 26	Luke 9
Thu	15	Num. 27-28	Luke 10
Fri	16	Num. 29-30	Luke 11
Sat	17	Num. 31	
Sun	18	Ps. 35-36; Prov. 7:6-23	
Mon	19	Num. 32-33	Luke 12
Tues	20	Num. 34-36	Luke 13
Wed	21	Deut. 1-2	Luke 14
Thu	22	Deut. 3-4	Luke 15
Fri	23	Deut. 5-6	Luke 16
Sat	24	Deut. 7-8	
Sun	25	Ps. 37; Prov. 7:24-8:11	
Mon	26	Deut. 9-10	Luke 17
Tue	27	Deut. 11-12	Luke 18
Wed	28	Deut. 13-14	Luke 19
Thu	29	Deut. 15-16	Luke 20

Deut. 17-18

Deut. 19-20

Luke 21

Prayer Network. They all agreed that this assignment was from God, and a nationwide tour began-The God Bless America Tour.

Riding alongside Garland were his brother, Pastor Nathan Thomas, of Indianapolis, and Pastor Phil Ness, from Killeen, Texas. In addition to praying over the four corners of the nation, they planned to stop and pray at other key historical sites, and in each state they traveled through.

Before starting the tour, they went to the geographical center of the lower 48 states in Kansas, dropped a plumb line, and asked God to bring America back into proper alignment with His original purpose: to become a city on a hill, a light to the world.

The tour then started July 29, 2016, with Garland and Phil leaving Tahlequah and meeting up with Nathan in Indiana. They went on to Washington, D.C., where they stopped at our nation's Capitol and the White House to pray over America, her leadership and her future. Heading toward Lubec, Maine, the most northeastern point of the U.S., they stopped and prayed at historical landmarks and places where wells of revival had once manifested. At the grave of Daniel Nash in New York, they prayed for the release of fresh fire on intercessors praying for revival.

In Oberlin, Ohio, where Charles Finney was buried, they asked God to release an anointing to raise up evangelists. And in North Dakota, Garland heard the Holy Spirit say, I am hovering over America like I did at Creation, removing the chaos and bringing forth awakening.

With each stop on the tour, God's glory fell with increasing weightiness.

On Aug. 15, 2016, following their prayer in the Grand Tetons, the men rode another 80 miles through Yellowstone National Park. They passed waterfalls, stunning mountain passes and verdant valleys. Passing a large herd of buffalo, Garland's mind drifted.

Roaming Buffalo. One of Garland's friends, Dr. Jay Swallow, a Chevenne-Sioux, had been a direct descendant of two Cheyenne chiefs: the Peace Chief, Black Kettle; and the War Chief, Little

Bear. Jay's Cheyenne name was Roaming Buffalo. No one had been able to war in prayer like Jay Swallow. For more than 50 years, he'd ministered to 253 Native American tribes from the Arctic Circle to Central America. In 2006, Charisma magazine named him one of the Top 10 Most Influential Christian Leaders.

Garland was honored to call him friend. In March 2015, Jay went home to be with the Lord. Three months later, Garland's wife, Patty, also passed away. It had been a rough time for Garland, but he'd persevered, determined to run

Garland had no way of knowing, but just that morning, one of HAPN's prophets had been praying when she saw a demonic spirit launch an attack that was intended not only to put a stop to the tour, but also to Garland's life.

his race and finish his course.

Riding the lead position as the men left Yellowstone, Garland spied a huge buffalo standing next to the road, pawing and snorting. Then he passed a black wolf so close to the road that Garland saw its eyes watching him.

Garland passed a pickup, and had just pulled back into his lane when, out of nowhere, a deer jumped in front of his motorcycle. As he hit the deer, his bike slid one way while Garland's body flipped over and over down the road.

Nathan and Phil swerved to avoid hitting his now bloody, mangled body.

The passengers in the truck stopped to help. One was an EMT. The other was a physician's assistant.

Realizing they had no cell service, Nathan ran to a nearby lodge to call an ambulance. A woman standing outside said, "I'm an ER doctor."

In an instant, there were three medical personnel on the scene.

Although the closest hospital was an hour away in Cody, Wyo., an ambulance that had been dispatched to a non-lifethreatening accident, was rerouted and raced to assist Garland.

Despite medical attention, he died twice in the ambulance on the way to the hospital.

One Small Step Into Heaven

Looking down, Garland realized that he was standing on something that looked like shining, translucent gold. He

Fri

Sat

31

had stepped into another world.

He saw a crowd of people looking at him. Though he couldn't see them, he sensed that Patty, his father and uncle were among them.

The glory of God was so bright Garland had to put his hand up to shield his eyes. He'd never seen light so bright, or felt peace so deep. Nothing hurt. No aches or pain. Sound manifested itself not only to the ear, but to the eye, causing waves of color to swirl in and out of the crowd of witnesses.

Suddenly, someone stepped out of the crowd and walked toward him.

"Roaming Buffalo!"

Garland cried as he recognized Jay Swallow. Dressed in native regalia with beautiful beadwork, Jay was young with thick, curly, black hair. Joy creased both men's faces as they rushed to one another with open arms.

"I was at home that evening, when I realized I hadn't heard from Dad," Jennie Morrison, Garland's youngest daughter, recalls. "He'd called every night since he left on tour. Later, Julie McIntosh, his oldest daughter, received the call telling us about the accident. Our family, our church and The Priesthood Motorcycle Ministry all began praying. HAPN mobilized hundreds of people to pray.

"When the ambulance reached him, Dad was bleeding to death. They didn't know it at the time, but his spleen was ruptured. He died twice on the way to the hospital. When they got him into surgery, the surgeon said his spleen was shattered. He died on the operating table and had to be resuscitated again.

"The surgeon explained later that he didn't think Dad was going to live. He had said to those assisting him, 'we're losing him!' when the atmosphere in the room suddenly changed. A Christian, he knew it was the presence of God and that Garland was going to live, because people were praying!

"They only had 19 units of his blood type in the hospital and gave all of it to Dad. Having stabilized him, they put him in a helicopter to fly him to the trauma center in Billings, Mont. Dad died again in the helicopter before they left. They rushed him back to the ER May 31-June 2

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THAT HE WAS
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ANOTHER
WORLD.

to resuscitate and stabilize him, then loaded him back onto the helicopter."

Filled With the Spirit

Garland had been a pastor in Ohio in 1990 the first time he heard Kenneth Copeland on the radio. Listening on a regular basis to the faith message, he understood the power of the tongue and faith-filled confessions. The more he listened, the more drawn he'd been to the Baptism in the Holy Spirit with evidence of speaking in tongues—especially after learning that two of his cousins, both pastors, had been filled with the Holy Spirit.

On a trip with one of the cousins, Garland woke in the middle of the night with abdominal pain. His cousin said, "In the Name of Jesus, devil, get off him!"

Immediately, the strangest thing happened. Not only did the pain leave, but Garland spoke in tongues for the next three hours. When the men went to breakfast and Garland tried to pray over the meal, only tongues came out. He didn't speak a word of English all day.

Garland became a Partner with KCM, and in 1991, he and his wife attended the Southwest Believers' Convention in Fort Worth. It was the first time he'd sat under Kenneth Copeland's teaching live. Garland taught his church the uncompromising Word of God and the power of speaking those things into existence that are not, through faith and prayer. Now his life depended on their prayers.

Death Out of Time

As Jennie was gathering her things for the trip to Montana, she recalls, "I was praying for him when I had a vision. I saw my mother, who had died the year before. She looked at me and said, 'It's not his time. He's not finished yet.'

"Later, I learned that my husband, my sister Julie and the prophet who had seen that the devil was going to try and take Dad out, had all seen the same thing. My spirit knew he was going to live, but my emotions were still troubled.

"After Dad was flown to Billings, Julie, our brother Jeromy and I went to the trauma center there to be with him. He was comatose. In addition to his ruptured spleen, his left ankle was crushed, his shoulder and his ribs were broken front and back, his pelvis was fractured, his right hand was broken, his kidneys and lungs were bruised, and he had severe abrasions on his legs, arms, hands and torso. He was on a ventilator for 11 days.

"Julie, who is a medical doctor, sent out specific prayer requests each day based on his medical condition. Dad had taught us the power of confessing the Word, which he had learned from Kenneth and Gloria. When someone talked about how bad things looked, we made them leave, and we took authority over their words. We played his favorite worship music around the clock to maintain an atmosphere of peace. We anointed him with oil and prayed over him daily, believing God would raise him up."

Soon, Garland woke from the coma praying in tongues. He told Julie, "I've been in another world."

He had a story to tell, he said, but God also had something to say.

Do you know what I was doing while you were lying on the roadside bleeding to death? the Lord asked.

"No, I don't."

I was singing over you. I held your heart in My hand and pumped. I breathed My life into your lungs. Now, you're lying in My healing glory.

Before You Call, God Answers

"Once I regained consciousness," Garland explains, "the surgeon from Wyoming drove to Montana to describe the way the atmosphere had changed in the operating room. I knew that the glory of God had driven out the spirit of death.

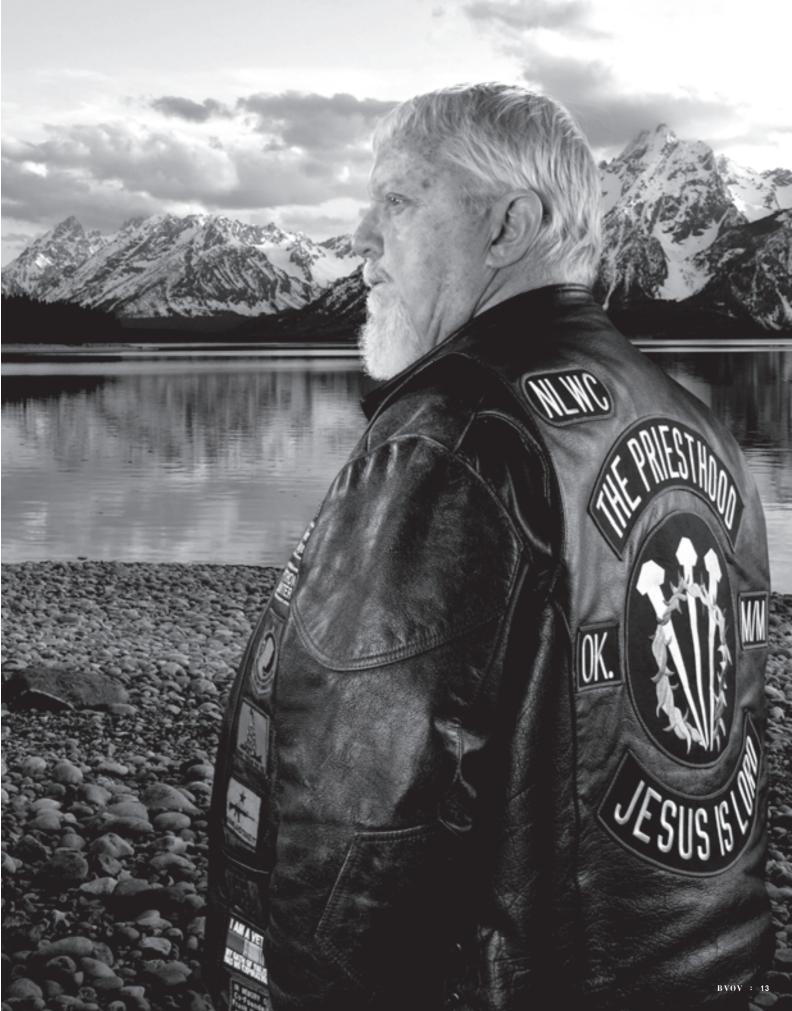
"Julie explained to me that with a ruptured spleen, time is crucial. I was an hour away from the hospital, but God had an ambulance headed toward me before the accident. He also had three medical personnel on the scene before I needed them. He had 19 units of blood waiting on me at the hospital—the exact number I needed to survive. Every step of the way, God answered before we asked."

Iulie shared that from a medical

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Eagle Mountain International Church Kenneth Copeland Ministries Headquarters 14355 Morris-Dido Road, Newark, Texas 76071 perspective, her father's recovery is miraculous in many ways, not the least of which is that there seems to be no long-term damage to his brain or major organs due to blood loss. "What a testimony to the power of prayer and the power of God to work in the natural realm in a supernatural way through his saints," she declared.

In all, Garland spent 89 days in four different hospitals. When he returned to Oklahoma, he asked to see Jay's wife.

"I told her about my visit to heaven, and described what Jay looks like now," he recalls. "Seeing Jay and visiting heaven gave me a kind of peace and eternal perspective that's hard to describe.

"So much of what happened during and after the accident, was a result of my partnership with KCM, as well as the things I've learned through the ministry. I practiced learning to live by faith believing God for motorcycles. Years ago, I got a card in a Partner Letter from KCM that said: Believe and Receive. I put that card on my desk next to a picture of the motorcycle I'd prayed to receive. Every day, when I looked at that picture and the card, I confessed that I believed I received the motorcycle. Patty and I were at a motorcycle shop one day when she said, 'Honey, they have the motorcycle you've been praying for. The exact colors.' Someone had bought it and returned it. I got a whale of a deal on it.

"I attended the second KCM motorcycle rally and kept going back. One year, I heard a big, old biker—a rough dude who had been born again—give his testimony while just weeping. It was Mac Gober, who went on to do wonderful things for the Lord. I thought, I want to win more guys like that to the Lord. We started our motorcycle ministry, The Priesthood, and when KCM stopped hosting their rally, our group was big enough that we helped provide security for Jerry Savelle's motorcycle rally, Chariots of Light."

A Step of Faith

In the weeks and months following the accident, Garland used his faith every step of the way. When surgeons removed the screws from his ankle, he was told, "You're going to limp."

"No, I'm not," he replied.

"I don't have a limp," Garland says, "I'm in better shape today than I was at the time of the accident. In January 2017, Julie, Jennie and I flew to the last three corners: Cape Flattery, Wash.; Imperial Beach, Calif.; Key West, Fla.; and finished my assignment of claiming the four corners of the U.S. and the land between for the kingdom of God.

"For 11 years, we hosted a motorcycle rally," Garland says. "Being from Oklahoma, we added a rodeo to ours. In addition to being a pastor, I travel and minister at motorcycle rallies and ministries. We go after hardcore people. A few weeks ago, we had a rough, old biker, his wife and his daughter come to the Lord. He was a One Percenter, considered to be the bad boys of motorcycle riding. They live, eat and breathe motorcycles. They need Jesus, and motorcycles give us something in common."

Garland didn't lose his desire to ride motorcycles following the accident, but he told the Lord he would give up riding if that was God's desire.

"It was the hardest prayer I ever prayed," says Garland. "But God let me ride again, and I bought a new 2017 Street Glide Special Harley-Davidson". My first, longer ride was in June, when I rode it to Branson, Mo.

"Along with the members of my church, I felt that on the one-year anniversary of the accident, I should go back to the place where the devil tried to take me out and thank God. A year after the accident, I stood on the very place where I had almost died. But now I was worshiping and praising God, and picking up pieces of my motorcycle that still littered the landscape. Standing there, I declared Romans 8:11, 'But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you' (New King James Version). God has proven His faithfulness to me over and over. All praise and glory to Him!"



fact, you can now eat as many whole eggs as you want. The rules changed!

We are so used to eggs being "bad guys" that now we are faced with a choice: Believe what we were taught since the 1950s or accept the new reality that whole eggs are, in fact, healthy.

What do you do? What do you believe? Naturally, what you choose to believe will be your course of action.

This eggs-are-now-healthy breakthrough is just one of countless examples. What is happening on a much bigger scale is the muchtouted high-carb, low-fat "healthy" lifestyle is springing leaks. Holes are appearing in this rusty metal tub of a belief system. The ship is sinking. And it is time to abandon ship as quickly as you can.

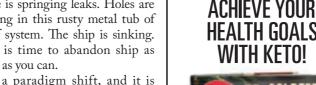
It is a paradigm shift, and it is happening now. It will take time for new breakthroughs to be tested and retested, and even more time for the public to be informed through the slow-to-change medical community and governmental agencies.

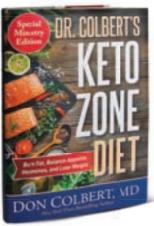
One of my professors in medical school explained that in about 10 years, half of what we were being taught would be outdated and pretty much of no value. He noted, "The problem is, we don't know which half that is."

Eventually, though, public opinion will shift. People will understand and accept the new paradigm, and then they will choose to take action. Unfortunately, that will take a very long time, and time is a commodity many of us do not have.

For years I have treated patients who suffered from advanced cancers, obesity, type 2 diabetes, heart disease, mental illness and much more. They needed help yesterday so they could be on the road to healing today. They were desperate, and they had no time to wait!

Thankfully, we already have sufficient data, research, studies and real-life examples to know we are going in the right direction. What is more, many





DR. COLBERT'S BOOK INCLUDES:

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- + A shopping guide for the ketogenic lifestyle
- + A guide for clearing your fridge and pantry of the unhealthy foods that keep you out of the keto zone
- + Instructions on checking your ketosis levels and maintaining your unique keto zone

Dr. Colbert's Keto Zone Diet hardback by Dr. Don Colbert

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of my patients—who were written off by their own doctors—are alive and well today.

The answer was not a pill, medication, pharmaceutical drugs or surgery. The answer was a nutritional one completely based on the food we eat.

In a nutshell, this diet is low carb, high fat and moderate protein. It is incredibly healthy, and not only does it work to cure or manage disease, it is the best weight-loss method in the world.

I call it the Keto Zone Diet.

High Fat, Low Carb, Moderate Protein

When you are in the keto zone, extra weight falls off. I've seen people lose as much as a pound per day, but one to two pounds per week is more common, perhaps three pounds with daily exercise. In a few weeks or months, the results are cumulative and astounding.

Wait a minute, you might be thinking. Did you just say this was a high-fat diet? How can fat be healthy?

To clarify, the Keto Zone Diet is a purposeful combination of reduced carbs, increased healthy fats and a moderate amount of healthy proteins. Yes, it is high fat, but it is also (and very importantly) low carb and moderate protein. These elements go together to create a body that is satisfied, alert, happy and fatburning.

When it comes to fats, not all are bad for you. However, we have been taught for so long that fats are bad, we have a very real and tangible fear of fat. And why not? The message from most doctors, food guidelines, trends magazines and every other "authority" in life tells us in big, bold letters that fat is BAD.

In truth, healthy fats are good. They are necessary. They will help you lose weight. And no, they will not make you fat, clog your arteries or cause you to drop dead.

The Keto Zone Diet works. It also cures or manages countless diseases.

If you are ready for that, then come on. A new life awaits!



Dr. Colbert
is board-certified
in family practice
and anti-aging
medicine and
has received
extensive training
in nutritional
and preventive
medicine.

A popular speaker and author, his best-selling books include Living in Divine Health, Deadly Emotions and What Would Jesus Eat?

For more information on the ketogenic diet, go to DrColbert.com.

This book is divided into three main parts:

Part 1: What the Keto Zone Diet is, the science and history behind it, and the reasons why it is so effective for weight loss and fighting diseases. The benefits of the Keto Zone Diet are off the charts!

Part 2: Why the Keto Zone Diet works, why each piece of the puzzle goes together so well, and why the Keto Zone Diet is, indeed, the best and healthiest way to lose weight.

Part 3: The simple steps to implement the Keto Zone Diet and exactly what it takes to get you into the fat-burning zone. This includes practical shopping guides, step-by-step instructions and menu plans.

I recommend that you read Part 1 and Part 2 before plunging into the diet and menus, as these sections answer many questions, empower you and give you unstoppable confidence moving forward. But if you are ready to jump in, then feel free to move directly to Part 3. That is where the action and change take place.

The Keto Zone Diet works, and in more ways than one. I have had literally thousands of patients on this diet, and the positive results are amazing, life-changing and in some cases unbelievable.

My desire is that you experience a healthy lifestyle that allows you to not only enjoy life to the fullest, but to also love God and serve Him to the best of your ability. May the Keto Zone Diet give you the hope you've been searching for. To your health!

This article is an excerpt from the new book by Dr. Colbert titled Dr. Colbert's Keto Zone Diet.

Medical Disclaimer: Patients with type 1 diabetes, gall bladder disease, untreated gout, long-standing type 2 diabetes, on insulin, or patients with severe kidney disease should not follow this diet unless under medical supervision. Because each individual is different and has particular dietary needs or restrictions, the dieting and nutritional information provided in this article does not constitute professional advice and is not a substitute for expert medical advice. Individuals should always check with a doctor before undertaking a diet, weight loss or exercise regimen and should continue only under a doctor's supervision.





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Jesse Duplantis







FORT WORTH CONVENTION CENTER, TEXAS JULY 30 - AUG. 4







STRETCH YOUR FAITH FOR THE LANGE STREET STRE

Sometimes I feel like a woman with stretch marks. People tend to freak out when I say that, so let me explain.

Cathy and I often go to Hawaii. She loves it there. Not me! I get bored easily.

Recently, after two days on the islands, I asked, "Cathy, are you ready to go?"

"Jesse, have you lost your mind? You've got to learn to relax," she said, pointing out toward the water. "Look at the ocean."

"I've seen it," I said. "It's water. I don't get excited about water. I brush my teeth with water every day."

So, she sent me on a walk to try and relax.

As I strolled, I began enjoying it. Soon, I was on the beach where I saw a lady with two or three kids stand up.

"Lord, look at the stretch marks on that mama!"

I mean, she was *stretched*. So I approached her and said, "You have stretch marks."

Does that surprise you? It surprised her, too. She was speechless.

"My God, girl!" I said, "You're a life creator! You've created life!" I pointed to the kids. "And this must be the life

you created." I continued, "Thank you for creating life. You did what God did. He created life. You did it because you wanted to be a blessing. You wanted to be a mama. You wanted children and now you bear the marks of a great mother."

Her husband said, "I've been trying to tell her that for years."

People ought to see the life of Jesus Christ in you, everywhere you go. They should see the marks of your faith stretching. I don't care if you're in a restaurant, or getting your car fixed, something inside of you should be pushing you to display life, life, life—life abundantly (John 10:10)!

Failure Is No Longer an Option

Early last year, the Lord began to deal with me about stretching my faith in everything; spiritually, physically, financially—you name it. Since then, Isaiah 65:24 has become very big in my life. It says, "And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear."

That's how God works. He says He'll answer before you ask.

It will stretch you to believe that, but the Lord's asking us, Would you like to

The way to get failure out of your life, and stretch your faith for the impossible, is by being fearless.

Be fearless by approaching God with an open heart.

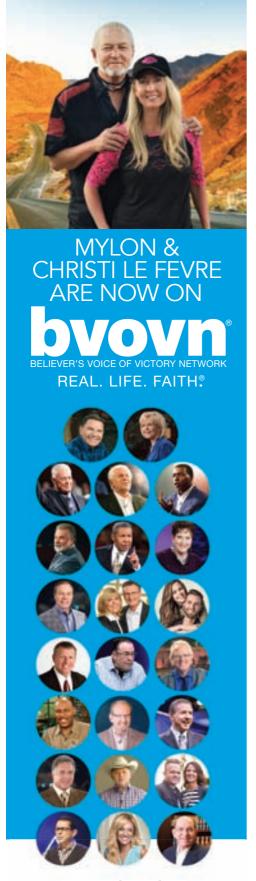
Then I said, "You know, I'm a life creator, too. About 4500 people a week get born again through my ministry. I'm bearing kids and I bear the marks of a Christian." I added, "In fact, I'm stretched out more than you, sweetheart!"

That woman stood up tall, losing any sense of shame, and said, "I'm taking a walk around the beach—all by myself." She wasn't offended. She was *excited* to show off her stretch marks. She realized they were a display of her doing what God had led her to do—create life.

come up to where I am?

This is the place where failure is not an option.

Failure should never be an option for believers. If the Word of God is true, and we know it is, then how come we fail so much? It's because we need to hear the Word of God again and again and again until it gets inside of us. Once that happens, Satan has a problem. When the Word is inside you, he can't strip it from you. If it's just in your soul—your mind, will and



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emotions—he can take a shot at it. But once the Word is in your spirit, you're no longer conformed to the world, but transformed (Romans 12:2), and it's amazing what God will do.

Now I know something about not failing. I've been strongly criticized, lived through airplane crashes, and had my life threatened. The devil doesn't like me, and that's OK, because I can't stand him either. I'd like to give him "an offer he can't refuse," if you know what I mean. But I have a destiny and a destination, and whatever God says I can do—no matter what the world says—I'm going to do it, even if it seems impossible.

You may say, "I want to follow God like that, but I don't have anything left." Well, I have good news for you: That's the best place to be.

Hints of the Miraculous

In 2 Kings 4, there's an account of when the prophet Elisha met a widow who was at the end of her rope. She was deep in debt and about to lose her family:

Now there cried a certain woman of the wives of the sons of the prophets unto Elisha, saying, Thy servant my husband is dead; and thou knowest that thy servant did fear the Lord: and the creditor is come to take unto him my two sons to be bondmen. And Elisha said unto her, What shall I do for thee? tell me, what hast thou in the house?.... (verses 1-2).

What was Elisha looking for? Seed power.

What is an oak tree but an acorn that held its ground? Everything in your life deals with seed power, and to face the impossible, you need a seed.

Verse 2 goes on to say, "And she said, Thine handmaid hath not any thing in the house, save a pot of oil." This woman didn't think she had much. I'm sure she was thinking, Well, if I had something in the house, I wouldn't be talking to you. I could take care of this situation. But that's not why he asked the question. He wanted her to use her faith. If you're not using your faith for the impossible, you're not using faith at all. If you can do

it yourself, you don't need God.

Read verse 3: "Then he said, Go, borrow thee vessels abroad of all thy neighbours, even empty vessels; borrow not a few."

Now, here's a hint that something miraculous is about to happen: Elisha didn't tell her to ask her neighbors for something to put into the vessels. He told her to ask her neighbors for empty vessels. Why? Because if there's something in them then failure can happen. But if there's nothing in them, if they are empty, then failure is not an option.

Become an Empty Vessel

When God called me to preach, I thought *He* had failed.

"Listen, God," I said. "You've missed Yourself. I won't tell anyone, but I am not Your man." But God wasn't looking for someone who had everything figured out. He wanted an empty vessel. Ever since I've been in ministry, I've had to deal with becoming an empty vessel, especially when God wants me to believe Him for something that seems impossible. The last time that happened, my homiletical, hermeneutical, philosophical, theological mind said, "You know, Jesus, I'm preaching to 2.9 billion people all over the world, and I know many of them can give some—"

The Lord interrupted me: You don't need money.

I replied, "Uh...down here we do."

Now, there's nothing wrong with raising money. I've raised money for Christian television and churches many times. But the Lord asked me, *You want to come up to where I am?*

"But-"

He said, If you'll use the currency of heaven, I'll get the currency of earth to you.

"I just missed You, didn't I?" I asked.

By a hundred miles.

But you know, He didn't turn me loose. He reminded me: Jesse, I never fail, and I never will. Go get Me an empty vessel.

How do you do that? You empty yourself by hearing the Word of God until you no longer have an opinion on the matter. You and God should be thinking and speaking the same thing. That means you have to quit having that barely-getting-by mentality.

Look back at what Elisha said to the widow. He told her to "borrow not a few." You can't impoverish God. In other words, I don't care what you ask Him for, you're not going to break God. He's the Creator of galaxies.

How to Get Failure Out of Your Life

To reach a goal, you have to live in the moment and have faith for the future. Today's journey is a steppingstone toward tomorrow's dream. The way to get failure out of your life, and stretch your faith for the impossible, is by being fearless. You do that by approaching God with an open heart, a clear conscience and great expectation.

Be fearless by approaching God with an open heart. That widow approached Elisha with an open heart. "My husband is dead. I love my boys. The creditors are coming to take them. I need help." Having an open heart means your spirit has no failure in it. It doesn't even have the option to fail. If you're in a mall and you see someone in a wheelchair, and your spirit says, Go over there and pray for them, don't let your mind say, Control yourself, fool! Follow and obey His leading no matter what.

Be fearless by approaching God with a clear conscience. Having a clear conscience means having a renewed soul. The only time I've had trouble in my ministry is when my soul and my spirit weren't aligned. God has made me a smart man, but if I follow my soul, I can only go as far as my IQ. A clear conscience says, "Whatever the Spirit says, that shall I do."

Be fearless by approaching God with great expectation. If you're not believing in your future, your future will never get to you. When Elisha said, "What shall I do for thee?" he had already been to God with an open heart and a clear conscience. That's why he had great expectation and was able to say, "borrow not a few."

Taking It to the Impossible

What happened when the widow obeyed the Lord? When she obeyed, when she stretched her faith for the impossible, she ended up with more than enough.

So she went from him, and shut the door upon her and upon her sons, who brought the vessels to her; and she poured out. And it came to pass, when the vessels were full, that she said unto her son, Bring me yet a vessel. And he said unto her, There is not a vessel more. And the oil stayed. Then she came and told the man of God. And he said. Go, sell the oil. and pay thy debt, and live thou and thy children of the rest (verses 5-7).

I've had to stretch my faith for the impossible, too, and to be honest, it's not that easy on the flesh. But the truth is, the world needs people who will believe. Nothing happens until people believe.

So, don't worry about those stretch marks. Show them off. Display life for the world to see. Stretch your faith for the impossible and give them a hint of the miraculous!











Kenneth Copeland

Copeland





Dr. Don Colbert

Kellie Copeland

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Sun., Mar. 4 Look to The LORD and Expect His Help Kenneth Copeland

Mar. 5-9 God Is on the Move: Are You Ready? Gloria Copeland and Kellie Copeland

Sun., Mar. 11 **How to Get Promoted** Kenneth Copeland

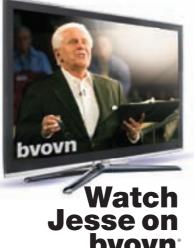
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Jesse Duplantis is president and founder of Jesse Duplantis Ministries, with international headquarters in Louisiana and offices in the U.K. and Australia. For ministry materials and information, visit jdm.org.

GoodNEWSGazette

GOD HAS BEEN GOOD TO US!

Dear KCM, I just wanted to tell you how good God has been to us. My husband, who has been working in Edmonton, Alberta, for the past five years because there was no work back home, got a new job here at home. As we speak, he is packing up and moving home! And we have a new 2017 Chevy truck!

As of Sept. 30, our house will be paid in full! And all my family relationships have been restored! Praise God, what a great God we serve! Thank you for all your prayers, letters, magazines and agreement!

B.E.B. | Ear Falls, Ontario

THE POWERFUL LIVING WORD

God is good all the to be a Partner with Kenneth Copeland for teaching us the living Word through Believer's Voice of helped us to really understand the power of God's Word. Praise Jesus! I receive healing instantly when I apply God's powerful living Word! I am always blessed. God is always on my side. Honour and glory to Jesus for winning the victory. If God is for us, who can be against us? Hallelujah!

C.A. | East Sepik, Papua New Guinea

OUR MINISTRY HAS BEEN TRANSFORMED!

Believer's Voice of Victory
and KCM teachings have
transformed our ministry
completely! Your powerful
teaching on praying in the spirit
has changed and challenged
how we pray as a ministry.
We've learned how to pray in the
spirit and are witnessing signs,
wonders and manifestations
of the Holy Spirit sweep over

us all. There have been miracle healings and complete heart transformations! People are becoming hungrier for the Word and the infilling of the Holy Spirit. Thank you so much. Our ministry is greatly impacted by your faithfilled teachings. Praise and glory to God!

G.G. | Romblon, Philippines

66

TODAY, YOU ARE A PICTURE OF WHAT YOU SPOKE FROM YOUR HEART IN THE PAST.

-Gloria Copeland



GOD HAS BEEN FAITHFUL

In 2010, after being diagnosed with cancer twice already, I was introduced to *Healing* & Wellness: Your 10-Day Spiritual Action Plan. This material saved my life and brought me back into relationship with God after more than a decade of backsliding. Since then, I've purchased as many of your action plan teaching materials as I could afford, given I haven't been able to work following the ravages of chemotherapy and cancer—up till now, that is.

A couple of years ago, wanting to kill myself, I

reached out to KCM, which graciously supplied me with the material covering anxiety and depression. But by the time I got it, I was in such a bad way I wasn't able to stir myself up to use and apply it.

Then, about a year ago, I cried out inviting God to intervene in my behalf, which He did. I am thrilled to say that despite my brokenness, Father has been faithful to slowly lift me up. Of late, I've even been able to envision myself rejoining the workforce!

K.H. | Victoria, Australia

From Faith to Faith Devotional Has Her Answers

God uses your Faith to Faith daily devotional to speak to me. Any major problems or decisions I'm faced with, I will go to the devotional for that day and get answers or solutions every time. Believe me, I mean every time. To God be the glory!

W.R. | St. Catherine, Jamaica

PRAYER FOR SALVATIONS IS WORKING

I requested prayer for salvation for my son, grandson, two granddaughters and two brothers. Last week, my 14-yearold grandson called and asked questions about his soul and salvation; said he had been thinking about doing something about them. This past Wednesday, I took him to church. He went to the altar and gave his life to the Lord. He said he was glad he allowed Jesus to save him and said he feels clean on the inside and is looking forward to learning and growing in God.

God bless you for your continued prayers for me and my family.

Debra J. | Glenwood, III.



SALVATION PRAYER

If you do not know Jesus as your Savior and Lord, simply pray the following prayer in faith, and Jesus will be vour Lord!

Heavenly Father, I come to You in the Name of Jesus. Your Word says, "Whosoever shall call on the name of the Lord shall be saved" and "If thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved" (Acts 2:21; Romans 10:9). You said my salvation would be the result of Your Holy Spirit giving me new birth by coming to live in me (John 3:5-6, 15-16; Romans 8:9-11) and that if I would ask, You would fill me with Your Spirit and give me the ability to speak with other tongues (Luke 11:13; Acts 2:4).

I take You at Your Word. I confess that Jesus is Lord. And I believe in my heart that You raised Him from the dead. Thank You for coming into my heart, for giving me Your Holy Spirit as You have promised, and for being Lord over my life. Amen.

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If you have just prayed this prayer, please let us know of your decision. We have a Free Gift to help you begin your new life in Jesus! kcm.org/salvation

PRAYER IS OUR PRIORITY.

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PR by Gloria Copeland

AVE YOU EVER WISHED THAT EVERY TIME YOU PRAYED THE PRAYER OF FAITH YOU GOT INSTANT, VISIBLE RESULTS?

I CERTAINLY HAVE.

I THINK IT WOULD BE WONDERFUL IF WHENEVER I ASKED GOD FOR SOMETHING, IT SHOWED UP IMMEDIATELY. I'D LIKE IT A LOT!

If, for instance, I could believe for finances or for a manifestation of healing in my body, and the moment I believed I received—boom!—there it would be.

I've experienced such instantaneous miracles on occasion, and they make receiving from God a whole lot easier. They're also very exciting, so I'm always on the lookout for them. I wish they happened every time I pray. But they don't.

In most instances, I have to add patience to my faith to see God's promises come to pass in my life (Hebrews 6:12). I have to stand for a while on the Word of God before I see anything in this natural realm begin to change.

Why?

Because faith is a process. Unless one of the gifts of the Spirit is operating along with it, faith generally works over time. You can see what I mean by reading Mark 11:14. There, when Jesus said to the unfruitful fig tree, "No man eat fruit of thee hereafter for ever," even though He said it by faith, initially nothing appeared to happen. The fig tree just stood there looking as healthy as ever. It showed no outward sign of change at all.

The next day, however, Jesus and His disciples passed that way again and saw an entirely different scene.

"They saw the fig tree dried up from the roots. And Peter calling to remembrance saith unto him, Master, behold, the fig tree which thou cursedst is withered away" (verses 20-21).

The fact that the tree dried up from the roots indicates Jesus' faith went into operation the moment He released it. But its effects were invisible for a while because it began its work underground, where it couldn't be seen. The same thing is usually true in our lives as believers. When we release our faith for something, it goes to work first in the unseen realm of the spirit. It starts by changing things there, and as we continue to stay in faith, those changes eventually become outwardly visible. What we're believing for manifests, and our faith becomes seen.

The time between when we release our faith and when we see the fig tree dry up (or our healing manifest, or our finances come in) is the hard part of faith. That's the part where we must refuse to be moved by contrary circumstances. It's the part where, even though nothing appears to be happening, we must keep believing God and resist the temptation to doubt.

How do we do that?

By following the instructions Jesus gave to His disciples in Mark 11:22-25. When they marveled at the fig tree, He said:



It would be wonderful if every time you believed God for something it showed up immediately, but that's not usually how faith works. Normally, it's a process. Here are some points to get you there:

1

Faith is released when you believe God's Word in your heart and say it with your mouth, expecting what you say to come to pass.

Mark 11:23

9

Jesus dealt with the unfruitful fig tree by speaking words of faith to it. Mark 11:14

3

Jesus' faith went to work immediately on the roots of the tree, but the results didn't become visible until the following day. Mark 11:20

4

When you speak words of faith in the midst of contrary circumstances, you are talking like God does and like Abraham did. Romans 4:17

5

Be patient and stick with the faith process and what you have believed God for will manifest. Hebrews 6:12 WE CAN REST, KNOWING THAT IF WE'VE DONE OUR PART TO PUT THE GOOD SEED OF GOD'S WORD INTO A GOOD-SOIL HEART, GOD WILL GIVE THE INCREASE.

Have faith in God. For verily I say unto you, That whosoever shall say unto this mountain, Be thou removed, and be thou cast into the sea; and shall not doubt in his heart, but shall believe that those things which he saith shall come to pass; he shall have whatsoever he saith. Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them. And when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you your trespasses.

From Sicker and Sicker... to Well-er and Well-er

Notice, according to those verses, words are the key to releasing your faith. It doesn't go to work until you believe God's Word in your heart, say it with your mouth, and expect what you say to come to pass. A lot of Christians don't seem to understand this. They pray sincerely and ask God for what they need, but that's all they do. They just keep asking and asking. If they need healing, they pray, "Lord, please heal me! Lord, please heal me!" but they don't take the next step. They don't take their stand on the Word and say, "Lord, 1 Peter 2:24 tells me that by Jesus' stripes I was healed,



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MEETINGS WITH PASTORS GEORGE AND/OR TERRI PEARSONS



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so I BELIEVE I RECEIVE MY HEALING NOW. I thank You for it. and from now on I declare I am healed!"

Those are the kinds of words that put faith to work. You start by saying them in prayer, then you leave the prayer place saying you've received what you requested. As you continue to do that, the faith process keeps progressing. It continues to change things until what you've believed for manifests in your life.

When you think about it, the devil generally operates the same way. He usually gets his dirty work done through a process. When sickness attacks, you don't normally go from being perfectly healthy one moment to deathly ill the next. You begin to get sick, and then as the sickness progresses you get sicker and sicker.

When you believe you receive your healing and start calling yourself healed, the process is reversed. Faith starts displacing that sickness. It releases God's healing power in your body, and over time you get well-er and well-er, until eventually every symptom of sickness is gone.

You might be going along one day and just suddenly realize, "I don't have one pain in my body anymore! I feel totally fine!"

Financial things tend to work that way, too. They change gradually, over time. If you're facing a mountain of debt, for instance, it probably took you several years to get in that situation. So, if you just started today standing on God's Word for prosperity, you're probably not going to be debt-free by this time tomorrow. You'll have to exercise some patience and give God time to work.

I'm not suggesting He'll take years to get the job done. He didn't take that long to deliver Ken and me. When we first started living by faith, we were so deeply in debt we couldn't see any way in the natural we could ever get out. But once we started believing the Word and calling ourselves debt-free, God did the impossible and those debts were paid off in 11 months!

"But Gloria," you might say, "if I call myself debt-free or healed when the bank and the doctor say otherwise, I'll be saying things that are contrary to natural facts. I'll essentially be lying!'

No, you won't. If you're speaking by faith in the Word, you'll be talking like God does. The Bible says He cannot lie (Titus 1:2), and yet He "calleth those

MEETINGS WITH RILEY STEPHENSON. KCM's evangelistic outreach minister

markhankins.org

things which be not as though they were" (Romans 4:17).

Remember the story of Abraham? God called him the "father of many nations" when he and his barren wife were old and childless. Then He went even further and instructed Abraham to do the same.

Sure enough, Abraham obeyed, and went around calling himself the father of many nations. Even though, in the natural, it still looked like he and his wife couldn't possibly have children, he continued to say what God said about the situation: "And being not weak in faith, he considered not his own body now dead, when he was about an hundred years old, neither yet the deadness of Sarah's womb: He staggered not at the promise of God through unbelief; but was strong in faith, giving glory to God; and being fully persuaded that, what [God] had promised, [He] was able also to perform (verses 19-21).

It's no wonder Abraham is referred to in verse 11 as "the father of all them that believe." He's our faith example! We receive the fulfillment of God's promises to us by doing the same thing that he did. We stop focusing on the contrary circumstances and keep our eyes on the Word of God. We look at what He says instead of what our symptoms or our bank balance is saying, and we talk accordingly. As the Apostle Paul put it in 2 Corinthians 4:13: "We having the same spirit of faith, according as it is written, I believed, and therefore have I spoken; we also believe, and therefore speak."

Put On the Coat!

Speaking God's Word about our situation—in addition to forgiving those who've sinned against us (Mark 11:25) and walking in love (Galatians 5:6)—enables us to stick with the faith process. It keeps God's power working in our lives until the fullness of what He promised comes to pass.

Words of doubt and unbelief, on the other hand, do just the opposite. They interrupt the faith process. They disconnect us from the power Source, and cause our faith to stall.

This is the reason it's so difficult to minister healing to someone when they insist on continuing to talk about the sickness in their body. They can't receive what the Word says belongs to them, because they're pushing it away from them with their words. As long as they keep declaring over themselves, "sickness and disease," there's really no way to get them healed supernaturally.

It's like trying to put a coat on a person who won't cooperate. Even though they're cold, and you have a jacket for them, you can't get it on them because every time you put it around their shoulders they shrug it off. They won't take hold of it and put their arms through it, so no matter what you do, their condition won't change.

That's how it is for all of us when it comes to receiving from God. He told us we could have whatever we say. So, He needs to have our words to turn things around for us. If He can't get us to speak words of faith, He doesn't have anything to work with to change our situation.

I remember a woman I once knew who'd been sick for years and years. She had something wrong with her immune system, and she talked about it at every opportunity. Otherwise, she tended to be a very quiet person. But when she began talking about all the things that were wrong with her, she talked on and on.

"My immune system doesn't work," she'd say. "I had an operation, and something went wrong. My immune system got destroyed and now, no matter what the doctors do, I just keep getting worse and worse."

This dear lady was a believer, and she loved the Lord. So, in talking to me about her ordeal, she also emphasized how He had been there for her.

"God obviously has some things He wants to teach me through this," she said, "and He's been teaching me faithfully now for nine years."

"Nine years!" I said. "You've been sick for nine years? How long is it going to take you to learn what you need to know?"

Obviously, I asked her that to shake up her thinking. Afterward, I showed her in the Word that God wasn't behind the sickness she'd suffered. I showed her in the Scriptures that sickness is part of the curse from which we, as believers, have been redeemed; that God has provided healing through Jesus and she could simply believe and receive it.

She seemed happy to hear what the

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MAKE YOURSELF AT HOLL!

by Pastor George Pearsons

Have you been sitting in church lately feeling like something's missing? The worship is great and the preaching is better than ever. You're so full of The WORD, you're about to pop. But in the midst of the feast, you notice there's still a hunger.

Then you look next to you and see a total stranger. For three rows up, the faces look vaguely familiar but you can't quite recall the names. You don't know who these people are or what's on their hearts.

That's the problem. You don't feel connected to those around you. There's no sense of belonging. Church just doesn't feel like home.

Many Christians today have come to accept that sense of isolation as normal. But it's not!

According to Ephesians 3, the Church is God's family and the members should be knit together in love (Colossians 2:2). In a family, people know you. You're missed when you're away and there's rejoicing at your return. People laugh when you're happy and encourage you if you're sad. They serve cake at your children's weddings. They comfort



George Pearsons is CEO of Kenneth Copeland Ministries and senior pastor of Eagle Mountain International Church, located on the grounds of KCM. For more information or ministry materials go to emic.org. you when it's time to say goodbye to relatives who've gone on to be with The LORD.

Spiritually, you need those kinds of relationships—not just with relatives, but with our brothers and sisters in The LORD. So, don't treat church like an impersonal training center where strangers come together to worship and hear the latest teaching. Instead, follow the instructions of the Apostle Paul: "Welcome and receive [to your hearts] one another..." and "Be mindful to be a blessing, especially to those...who belong to God's family" (Romans 15:7; Galatians 6:10, Amplified Bible, Classic Edition).

Get to know the people around you. Find out who they are, where they work and what's on their hearts. Invite them over for dinner. See if there's a way you can minister to them.

Just as you would at home, look around the church and see what needs to be done. Find a place to plug in and labor with other members. Learn what it's like to rub shoulders with them while you're doing dishes after a church supper, changing a diaper in the nursery or praying for someone at the hospital.

Yes, it's important to have good teaching and wonderful worship. But when you walk through those doors and see the faces, God wants you to know you're home.

Bible had to say, but even so, she kept going back to talking about how sick she was. It was extremely frustrating. As I listened to her, I imagined even God Himself must have wanted to interrupt her. I imagined He wanted to say, "Quit talking that infirmity and weakness! Start speaking My Word over your body. If you will have faith, you can say, and it will obey!"

That's something we all need to be told from time to time. All of us, as believers, need to be reminded by God's Word that "death and life are in the power of the tongue" (Proverbs 18:21), and that "with the heart man believeth unto righteousness" (and all the BLESSINGS that go along with it) "and with the mouth confession is made unto salvation" (Romans 10:10).

That's spiritual law, and it's not going to change. We will have what we say. If we get God's Word in our heart and say it with our mouth, we can live in days of heaven on the earth (Deuteronomy 11:21).

Jesus has already done His part to make that heavenly life available. Through His death and resurrection, He got back for us everything Adam lost in the Fall. He bore our sickness and carried our diseases (Isaiah 53:4). He became poor so that we can be rich (2 Corinthians 8:9). He paid the price so that, by faith, we can live our lives in victory (1 John 5:4).

If we're not walking in that victory in some area of life, it's because of unbelief. It's because we haven't consistently spoken words of faith about that area. The speaking part is our responsibility. It's how we take to ourselves everything that belongs to us in Christ.

So, go ahead and keep doing your part! Even if it appears that nothing is happening. Keep speaking words of faith until they create on the inside of you an image that comes from heaven. Then, keep right on speaking those words until that image on the inside changes things on the outside.

Stick with the process! And soon, the fig tree that's been giving you problems will wither. The mountain of sickness and lack will move. The things you've believed you receive will manifest, and your faith result will become seen.



PRAISE BREAK!

Commander Kellie's Corner



That's what I heard the Lord say today, Superkid. So right now, before you go any further, stop reading and do it. I'll wait for you. Actually, I need to do it myself.

I'll be right back.

Oh, that was needed!

Superkid, I am not just writing about this. I am praising and worshiping the Lord, in the middle of my day, in the middle of my work, in the middle of writing to you! Do you know why Jesus wants us to stop to praise and to worship? It's not because He has a big ego and needs to be worshipped. Let's dig into this thought a little bit.

Worship. It sounds so one-sided, doesn't it? We pour out our worship and God, who is so big and awesome, just sits on His throne in heaven and receives it. As lowly humans, we should worship Him because it's our duty. Does this sound like truth to you? Yes, He is BIG. And ves, we should worship Him. But even though it is our duty, He doesn't want that to be our reason. Besides, God doesn't think of us as lowly, but as equal to Jesus! So, why does He want us to worship? Because He wants to be in **OUR** presence!

When we worship Him, we enter into His Presence and He enters ours. Even though it sounds one-sided, it is really the Father, Jesus and YOU, spending time together. Superkid, don't get confused. I am not talking

about when you get saved and He comes to live in your heart. If you have asked Jesus into your heart, He will never leave you. No, I'm talking about an amazing awareness that He is right there with you-not just in your heart, but all around you.

Hove what Psalm 89:15, The Passion Translation, says: "O Lord, how blessed are the people who experience the shout of worship, for they walk in the radiance of your presence." When you become a worshipper, you will easily begin to talk to Him more, think about Him more and hear His voice more clearly. It's amazing to walk and talk with Him. Sometimes it does make me want to shout!

I know you want this in your life, Superkid, but the cool thing is, He wants it even more than you do! That can be hard to grasp, but just take it by faith. In fact, say it out loud right now. Say "God, the Father of the universe, and Jesus, the Son of God, want to hang out with me." Say it three times with boldness, and don't stop until you CAN say it with a bold belief that it is true!

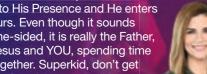
Try to think of something we give God in our worship or that He needs from us. What does our worship do for

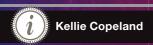
Him or bring to Him? Nothing, right? Wrong! There is something, just one something, and it's all He wants from you. What is it, you wonder? It's YOU! When you worship, you bring yourself as you are, fully trusting in Him as your Shepherd. This is why worship is so powerful. It places Him fully in charge of you and your life. And you know where that will lead you? To be like Him, your Shepherd.

Hebrews 10:22, New Living Translation, says it this way: "Let us go right into the presence of God with sincere hearts fully trusting him. For our guilty consciences have been sprinkled with Christ's blood to make us clean, and our bodies have been washed with pure water." I love that! Let's go right in! Then what? Read 2 Corinthians 3:17-18 (NLT): "For the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom. So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lordwho is the Spirit-makes us more and more like him as we are changed into his glorious image."

The truth is this. Superkid: When you become a worshipper, it's like a blindfold comes off and you begin to see Jesus. There is no better truth I could offer you and no better use of your time right this minute so...

PRAISE BREAK! Excuse me, Superkid, I've got to go! Praise HIM!







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